



# Newsletter

ISSUE 15

APRIL 2015

## KEY DATES

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MECOSS AGM

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## From the chairperson

Hi Everyone. What a busy March!

We held our Race Relations Day celebration on Saturday March 21st at Pakuranga Plaza. It was a great success, with positive feedback - so next year we will make it Bigger, Brighter and Better!

MECOSS had a stall at Botany Community Day on Saturday 7th March. It was really successful, talking to the public and catching up with our members who had stalls.

On Thursday 26th March we held our Botany and Flat Bush Community Network meeting. It was very successful with 25 groups represented. This group continues to grow, so do make the effort and come to one of our network meetings. Daniel Toresen from 'Thompson and Toresen Investigations' was our main speaker who gave a very interesting presentation about crime in the workplace.

Our five 'two minute speaker' spots were filled very early - make sure you book for the

## MECOSS AGM

We'd love to see you at our AGM coming up in April.

Join us to meet our great Executive team, find out what we've been up to and listen to our fantastic speaker, Ros Rice, Chief Executive of Community Networks Aotearoa.

Community Networks Aotearoa is the umbrella organisation for local Community Networks, Community Houses, REAPS and other community networks throughout New Zealand. They use their collective voice to lead to

next meeting on 18th June, as this is a very positive initiative.

Our AGM will be held on Thursday 23rd April - do come and catch up with all things MECOSS, meet the Exec and also Ros Rice, Chief Executive of Community Networks Aotearoa (previously NZCOSS). Ros is coming up from Wellington and will be our speaker.

Don't forget our MECOSS EXPO is being held in Pakuranga Plaza on Sat 20th June - we will have 20 stalls available for \$30 per stall. This is another opportunity to get your organisation out in the public arena, more info to come.

We have started a new [Facebook page](#). Please 'like us' to stay updated with our news.

Do have a great month and stay safe!

Dyann

policy action, social change and community empowerment.

So come along, we look forward to seeing you!

**Date:** Thursday 23rd April

**Time:** 4-6pm

**Venue:** Highland Park Community House, 47 Aviemore Drive, Highland Park

**To register:** [admin@mecoss.org.nz](mailto:admin@mecoss.org.nz)



# MECOSS Events - April

## Powerful presentations



Did you know that 20% of people name public speaking their number one fear and 3 out of 4 people suffer speech anxiety?

Speaking to groups of people is a skill most people find useful in their job, whether it is to present an idea, train a skill or facilitate a discussion.

This 2 hour workshop will teach you the key skills for creating and delivering a powerful presentation:

- Develop clarity of purpose
- Know how to structure a presentation to get your message across clearly using the power of three
- Opening and closing powerfully
- Manage your nerves and deliver with confidence

So come on and join us to develop confidence in planning and making presentations.

### Our presenter

Denise Overend-Clarke is a Business Facilitator whose passion is in facilitating learning and coaching performance, helping people find practical solutions to increase their success.

**Date:** Monday April 20th

**Time:** 10am-12pm

**Cost:** \$10 members/\$20 non-members

**To register:** please click [here](#).

## Governance vs management

The demands on governance boards of not for profit organisations have never been higher with increased accountability, compliance, risk management, funding pressures and HR management.

Governance boards need to bring a variety of skills and networks to the table. They have to ensure delivery of their core service within a complex regulatory environment whilst still being able to think strategically and collaboratively. It is a demanding role to be done on a voluntary basis. In addition boards and CEOs or Managers have to work as a strong leadership team to take their organisation to the next level.

This workshop will explore the delineation of roles and responsibilities and how these relationships can work most effectively.

### Our presenter

Carol Scholes specialises in helping organisations understand their bigger vision and how they can improve their systems and build their teams to achieve success for both the organisation and the individuals within it.

**Date:** Wednesday 22nd April

**Time:** 12pm-2pm

**Cost:** \$20 (includes lunch)

**To register:** please click [here](#).

MECOSS is delighted to bring you this workshop in partnership with Auckland North Community and Development.

# Upcoming local events and training

## Asian Forum

The Asian Network Inc (TANI) is hosting the 13th Annual Asian Forum. The theme this year is 'women's health and wellbeing'.

**Date:** Tuesday 21st April

**Time:** 9am-3.30pm

**Venue:** Fickling Convention Centre, 546 Mt Albert Road, Three Kings

**To register:** Just click [here](#).

## Project planning workshop

Auckland Council is hosting this free workshop for community groups. You will learn a step by step process for planning your project to ensure success.

**Date:** Wednesday 8th April

**Time:** 9.30am-12.30pm

**Venue:** Mt Albert War Memorial Hall, 733 New North Road, Mt Albert

**To register:** Simply click [here](#).

## NZ Community Boards Conference

You are invited to attend the NZ Community Boards Conference for 2015.

**Date:** 14-16 May

**Venue:** Copthorne Hotel and Resort, Bay of Islands

**To find out more:** click [here](#).

## White ribbon campaign workshop

The focus for this year's White ribbon campaign is on sexual violence and the issue of consent. This workshop will bring together experts, agencies, interested organisations, government departments and the public to help shape the campaign. This is your opportunity to take part in a positive campaign aimed at men and boys.

**Date:** Tuesday 14th April

**Time:** 10am-2pm

**Venue:** Fickling Centre, 546 Mt Albert Road, Three Kings

**To register:** Just click [here](#).

## Embracing change workshop

This four-part workshop is aimed at new migrants and is hosted by the Auckland Regional Migrant Service. The workshop will help migrants to plan and define goals; meet new people; offer support and guidance; become self-reliant and empowered; gain tools for integration into the community and gain confidence and independence.

**Date:** April 6, 13, 20 and 27

**Time:** 11am-12.30pm

**Venue:** Pioneer Women's and Ellen Melville Hall, 2 Fryberg place, Auckland central

**Cost:** \$40 (for four workshops)

**To register:** Just click [here](#).

# Did you know?

## New community grants policy

Late last year Auckland Council adopted a new community grants policy, which comes into effect on 1st July 2015. The new policy aims to create a fairer, simpler and more accessible funding programme.

The new programme includes:

- 21 local grants programmes to support local activities.
- Six new regional grants programmes to support regionally significant projects and organisations.

To find out more check out this [link](#).

## Recruitment guidelines

Guidelines have recently been launched to help organisations choose safe people to work with children. The 'safer recruitment, safer children' guidelines are aimed at organisations employing paid workers or volunteers in jobs that involve contact with children, and provide advice on vetting and screening, including interview questions.

Click [here](#) to find out more.

## Growing up in New Zealand

A new policy brief by the [Growing up in New Zealand](#) study found that half of the families that had babies five years ago suffered material hardship during the babies first year of life. The study tracks 7000 babies born in Auckland and Waikato in 2009-2010.

## Research into homelessness

[New research](#) aimed at gaining insights into the lives of rough sleepers has been carried out by Auckland Council, Auckland City Mission and Lifewise.

The research aimed to provide a "fresh insight" into the challenges, choices and impacts of homelessness while also helping drive meaningful change.

## We're on Facebook!

Check out our awesome new [Facebook page](#). Please 'like us' and follow us to keep up with everything we are doing, from events such as Expos to our fantastic workshops.



## Contact us



MECOSS

All Saints Community Centre

30 Cook Street , Howick 2145

P.O Box: 39266

Tel : 09-533 3685

Email: [admin@mecoss.org.nz](mailto:admin@mecoss.org.nz)

Website: [www.mecoss.org.nz](http://www.mecoss.org.nz)