



# Newsletter

ISSUE 21

OCTOBER 2015

## KEY DATE

Community Safety  
Breakfast:  
17th November, 2015

Howick & Pakuranga  
Networking Meeting:  
25th November, 2015

## INSIDE THIS ISSUE

From the chair-  
person 1

MECOSS Events 2

Local events and  
training 2

Did you know? 4

Contact us 4

## SEE BEYOND TODAY - INSPIRING COMMUNITIES

### From the Chairperson

Hi Everyone,

Please accept our apologies for the delay in getting this October Newsletter to you. We have had a difficult month with our 'computer', which has caused us huge delays.

Karen Brake, our MECOSS Co-ordinator for the past 18 months, left her position with us on 18 September. So guess who tried to run the office in the meantime?

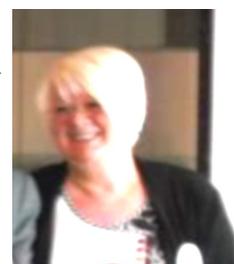
Having the computer offline for over 3-4 weeks, didn't help either, and no, it wasn't my fault!

We hope you like our new tag-line (above), because we think it describes the essence of what MECOSS is all about.

We are so pleased to welcome our new coordinator, Lindsay Upton. She started on Monday, 12 October and I can now heave a sigh of relief. Do make yourself known to Lindsay at our upcoming network meetings and November/December Workshops.

Our second Community Safety Breakfast is coming-up on Tuesday, 17 November. Once again it will be held at The Howick Club, from 8:00am to 10:00am. This time our presenter will be Glen Green, from 'There's a Better Way.' Do book for this date — a flyer will come out later, however we can only accommodate 100 people. More details to follow.

Glen is all inspiring, motivating, enthusiastic, real-life and down-to-earth, entertaining, energising and a highly credible professional.



*Dyann Calverley*

On 17 September, we held our Botany/Ormiston Network Safety meeting, with Keith Suddes from Civil Defence, as our main speaker. It was a really dynamic meeting, with lots of interaction with Keith on how good we would be in a major emergency. Not very good, judging by the results—but it was fun.

Stay Safe,

Dyann Calverley

## MECOSS Events—November

### Community Safety Breakfast

Please join us for our Community Safety Breakfast, where you will enjoy a delicious breakfast, and learn more from 'There's a Better Way', speaker Glen Green.

Glen's impressive list of credentials include; being awarded a commendation by the Mayor of Auckland for There's a Better Way project, 2011; Good Citizen Award for Eastern Auckland Area (Community Youth Development, 1995; Kiwi of the Year, 2011 - Community Heroes Section, and Overall Winner - Auckland City's Safety Awards (There's a Better Way project, 2011).

**Date:** 17 November, 2015

**Time:** 8:00am –10:00am

**Venue:** Howick Club, 107 Botany Rd, Howick

**Cost:** FREE

**To register:** Please [click here](#)

It is very important that you register as we can only admit those people on our registration list.

If you would like to attend please register by Tuesday 10 November. Places are limited so please book early to avoid disappointment.

### Howick & Pakuranga Networking Meeting

We are pleased to invite you to the next Howick and Pakuranga Community Networking meeting. Please diarise this fantastic opportunity for discussion, learning, and to network with like-minded communi-

ty organisations

#### Presenter

Ms. Adele White - Deputy Chair, Howick Local Board and former Police Youth Education Officer, will speak about **Internet Safety**.

#### Two Minute Speakers

Become one of our five 'two minute speakers' - What a great opportunity to promote your work!

To book your speaking spot, please [register here](#).

**Date:** Wednesday, 25 November, 2015

**Time:** 10am –12pm

**Venue:** Te Tuhi Centre, 13 Reeves Road, Pakuranga, Auckland

## MECOSS Coordinator

### Lindsay Upton

With a passion for Auckland's, Manukau-East, I'm delighted to be working with a dedicated team of people who are committed to the social, physical and mental well-being of our diverse community.

My role at MECOSS is to help the team to coordinate and maintain all operational procedures, develop professional training workshops, assist with event organisation, write funding applications and outcome reports, to promote MECOSS, and to engage with community organisations in Manukau East.

For any queries, please contact me on weekdays from 9:00am—1:00pm:

**Phone:** 09 533 3685 **Mobile:** 022 0632677

**Email:** [admin@mecoss.org.nz](mailto:admin@mecoss.org.nz)

## Community Networks Aotearoa

Community access radio stations are by, for, and about communities. They exist to provide a media platform for groups whose voices usually aren't heard in mainstream radio.

One regular programme featured by Wellington Access Radio is **Collaborative Voices**. Hosted by Ros Rice, EO of Community Networks Aotearoa, this programme profiles community organisations and their people, as well as keeping the sector up to date with topical issues.

Some of the recent interviews to listen to are with Murray Edridge (Deputy CE, Community Investment), discussing the investment strategy; James Lord of Careerforce, about pathways to qualifications for non-profit service agencies; and Paul Barber of NZCCSS, on inequality and poverty.

Collaborative Voices is replayed by some access radio stations throughout the country, however is also available to download as podcast by visiting <http://accessradio.org.nz/>. Have a listen and enjoy hearing some informal conversation about issues which are relevant, informative and important to all of working in and with our communities

## GradDip - NFP Management

**Unitec's Graduate Diploma in Not for Profit Management** has been designed for managers and coordinators of nfp organisations, team leaders, volunteers and board members. The only qualification of its kind, it addresses the complexity and unique challenges of managing in the nfp sector, compared to a business or government department.

The programme consists of eight courses exploring the fundamentals of managing in a

complex community setting. All assessments are based on the student's organisation and provide a rich opportunity for their organisations to benefit from this dynamic learning community. There are scholarships available to assist with fees.

**To find out more:** [Click here](#)

## Services for Older People

### Conference

NZ Council of Christian Social Services will host a Services for Older People Conference in Auckland in May 2016.

If you are working with older people in residential care, home support or community-based services you will find it valuable.

**Date:** 12th - 13th May 2016

**Venue:** Rendezvous Hotel, Auckland city

**To find out more:** Click [here](#).

## Auckland Libraries Service

Please feel free to go in and visit any Auckland Library to discover what they have to offer:

- A collection of fiction and non fiction books, sheet music CDs, DVDs, games, audio books, foreign language and reference materials and Maori collections
- A Digital Library including over 100 databases, eBooks and e-audio books, eMagazines and eNewspapers

## Do you know?

### Have your say on east Auckland's bus network.

Until **10 December, 2015** public feedback is open on the new network proposal for central and **east Auckland**. The future of Auckland transport is in your hands. So find out more and have your say [here](#).

### Hear Dr Omina Marzouk talk on Towards a more compassionate world: Building trust across the world's divides

Dr Omina Marzouk is President of Initiatives of Change International and an emergency paediatric consultant at UKs largest children's hospital. She brings international perspective on trust building across diverse communities.

**When:** Monday, 2 November 2015, 7:30pm

**Where:** Aotea Chapel, Lifewise Offices,  
7th Floor, University of Otago Building,  
385 Queen Street (beside Myers Park), Akld.

### Howick celebrated citizens

**Do you know someone who deserves recognition for the great things they do?**

Nominations are now open for the Howick Local Board—Celebrated Citizen Awards 2015.

#### Award categories

- Howick rising star
- Exceptional service award
- My place award
- Youth development award
- Howick arts award
- Kauri award
- Golden heart award
- Howick citizen of the year award

Nominations must be received by 5pm, 4th November 2015.

**To find out more:** Click [here](#).

## Contact us



**Manukau East  
MECOSS**  
Council of Social Services



Find us on Facebook!

MECOSS

All Saints Community Centre

30 Cook Street , Howick 2145

P.O Box: 39266

Tel : 09-533 3685

Email: [admin@mecoss.org.nz](mailto:admin@mecoss.org.nz)

Website: [www.mecoss.org.nz](http://www.mecoss.org.nz)