



Newsletter

ISSUE 28

MAY 2016

SEE BEYOND TODAY - INSPIRING COMMUNITIES

PREVIOUS NEWSLETTERS

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ABOUT THIS NEWS- LETTER

MECOSS publishes a regular newsletter for people and organisations who provide community services to the people of Manukau East.

From the Chair

May is here already, where does the time go.

Don't forget our AGM date has been changed – it is now Tues 17th May 4pm @ 30 Cook St, Howick.

We are looking for a Chairperson (I am retiring to Nelson), & coming up will also be the Secretary & the Treasurer's position, in the next couple of months. Peter Hancock who has done this wonderful combined job for the past 2 years, has decided he needs to take things a little easier, so will continue on until August, then he will retire as well. This is not a combined position, unless you want it to be.

All 3 positions do not take huge amounts of time, we have an Exec meeting the first Thurs of the month in Botany Mall 6pm. Minutes of this meeting is all that is required from the Secretary, our Financial wellbeing is under the guidance of our Accountant, so you will have help as Treasurer. Chairperson does take a little more, you MC the bi monthly meetings of the Howick/Pakuranga & Botany/Ormiston Community Safety Network meetings, as well as Chair the Exec meetings, once a month. The position of Chair of Race Relations Day is by choice.

We have an excellent Executive Team, everyone is involved in other organisations as well, but we always could do with more Exec Co-Opted members.

Our 3rd Community Safety Breakfast was held on Weds 27th April, at The Howick Club. What an amazing speaker Dr Jackie Blue was, very inspirational, also giving us the background on Family Violence and how it compacted, not only on her life but also on what we as a Country are now doing to help. Dr Blue has a strong commitment to advancing the participation of women in society and is the Commission's lead on stopping violence against women.

Please do come to our AGM on Tues 17th May and come on our Exec – we want you on board helping make things happen in the Community. Please think seriously about the position of Chair – it is a wonderful position & you will love it.

Thank you all for your amazing support over the past 2 years, I have really appreciated it, and have made some wonderful friends.

Stay Safe, Dyann



Dyann Calverley



Note: Due to unforeseen circumstances our A.G.M. date has changed for the second time. Please accept our apology for any inconvenience this may have caused you.

MECOSS ANNUAL GENERAL MEETING

Notice is hereby given to MECOSS financial members that the Annual General Meeting will be held on **Tuesday, 17 May 2016** commencing at **4:00p.m.** inside the All Saints' Community Centre, 30 Cook Street, Howick, Auckland.

Nomination forms for the positions of Chair and Executive Committee can be requested by emailing admin@mecoss.org.nz before 1:00pm on Monday, 16 May 2016.

This is an important event for our organisation as well as a valuable occasion for members to meet one another.

For catering purposes please kindly confirm your attendance [here](#).

For any further queries, please contact Lindsay Upton on 09 533 3685.



MECOSS BOTANY, FLAT BUSH, ORMISTON COMMUNITY NETWORKING MEETING

Date: Thursday, 26 May 2016

Time: 10:00am to 12:00pm

Place: Barry Curtis Amenity Building, Chapel Road, Flat Bush

Presenter: Carolyn Wellm from SPACE (Supporting Parents Alongside Children's

Education), will speak about how the SPACE programme delivers support to new parents as well as collaborating with other community organisations.

'Sometimes all new parents need is a little space.'

COME ALONG AND TELL US ABOUT WHAT YOU DO IN OUR COMMUNITY

Become one of our five 'two minute speakers'. This is an opportunity to speak about your organisation and promote your work! To book a speaking spot, please register [here](#) by Wednesday, 18 May 2016.



MECOSS PAKURANGA and HOWICK COMMUNITY NETWORKING MEETING

Date: Wednesday, 29 June 2016

Time: 10:00am to 12:00pm

Place: Te Tuhi, Reeves Road, Pakuranga

Presenter: John Eadie is passionate about helping people in both the local and wider community. He holds two roles within the Order of St. John—Medical Alarm Representative, and Volunteer Ambulance and Events Officer. His talk will cover changing ambulance services, community programmes, products and services, and how you can help St. John.

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Workshops

ANCAD & MECOSS present

HOW TO APPLY TE TIRITI O WAITANGI IN THE NOT FOR PROFIT SECTOR TODAY

with Hillary Star Foged

DAY & DATE: Tuesday, 14 June 2016

TIME: 1:00pm to 3:00pm

VENUE: Highland Park Community Centre

COST: \$20

The workshop will include utilising an award-winning DVD on The History of Te Tiriti o Waitangi (the Treaty of Waitangi), which raises questions about how to move forward in true partnership with Maori, and apply the Treaty in Aotearoa today.

We'll share our experience, understanding, questions, and awareness of the Treaty, discussing its history and relevance, in an open hearted, explorative way. Resources provided.

SECRETS OF BEING A GOOD CHAIR

with Carol Scholes

DAY & DATE: Wednesday, 27 July 2016

TIME: 1:00pm to 3:00pm

VENUE: Highland Park Community Centre

COST: \$20

Many surveys tell us that a good board only happens if you have a good chair. This workshop will explore some of the common dilemmas for people holding the Chair role. For example—What does a good Chair do? How do you handle bad behaviour? How to conduct a good meeting that is short but effective. What does a Chair do in between board meetings?

If you're a Chairperson or have ambitions to hold the Chair role, come and find out what

other Chairs have to say and what they do.

HOW TO DEVELOP CORPORATE RELATIONSHIPS

with Stephanie Maitland

DAY & DATE: Wednesday, 24 August 2016

TIME: 1:00pm to 3:00pm

VENUE: Highland Park Community Centre

COST: \$20

Gaining either support or cash, products or time from a business regardless of their size can be difficult to get and even harder to keep. Developing relationships is important and key to keeping the support for the long term. Come along and gain tips on how to develop corporate relationships.

To book please email admin@mecoss.org.nz

Community



FREE

Land Transport

Mature Driver Education Course

DAY & DATE: Tuesday, 14 June 2016

TIME: 9:30am - 2:30pm

VENUE: (In the café) Howick Presbyterian Church, 11 Vincent Street, Howick

CONTENT: Keeping Safe, Being Safe, Safe Journeys, Keep Moving Safely

BOOKINGS ESSENTIAL—Phone the Age Concern office: 09 279-4331 ext. 800

Do you know?

MECOSS and the New Zealand Fire Service share a vision of creating safer communities.

Keep your home and family safe with working smoke alarms. For more on how to check and install smoke alarms please visit youonlyvoice.co.nz

Jury Service

Every year thousands of people do jury service. Even if not chosen for a jury trial—jurors make a valuable contribution to our community and the justice system every time they attend court. Unsure about what's expected of you if summoned? [Click here.](#)

Time to cool the love affair with your car?

E-bikes are a great fleet option for organisations. Trial the world's lightest electric bikes with [Auckland Transport.](#)

East Health Trust PHO Board of Trustees – Community Representative

Our current incumbent has committed to stand for reappointment. Our Trust deed requires us to seek further nominations which are now open for submission, by 31 May 2016. For the full advertisement and contacts to apply, please visit <http://www.easthealth.co.nz/about/Positions/>

Warm-up Counties Manukau

This programme is to ensure that you and your family are better prepared for winter. To be eligible for the free retrofitting insulation programme you must live in the Counties Manukau, Papakura, or Franklin area, live in a private home built prior to 1st January 2000, must have a Community Services Card and priority will be given to families with children (under 17) or older adults (over 65) living in the household with health conditions. For more information please [visit here.](#)

Graffiti

Graffiti vandalism (tagging) is a community issue which can encourage more vandalism and other types of crime. A strong community response sends the clear message to those involved that tagging will not be tolerated. Auckland Council will manage graffiti removal and prevention in partnership with a wide range of government agencies, community groups and volunteers in local areas. [Form to request removal of graffiti on public property](#)

Ministry of Health screening

The National Screening Unit (NSU), a part of the Ministry of Health is responsible for the development, management and monitoring of nationally-organised population-based screening in New Zealand. This [website](#) aims to provide information on the five nationally-based screening programmes, and one quality improvement initiative, the services provided and how to access them.

Contact us



Thank you for subscribing to our MECOSS Newsletter.

To update your contact details?

[Click here](#)

Want to take a break from us completely?

[Click here](#)

MECOSS

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